

Neurotransmitter Assessment Form - (NTAF) Nutritional Key

SECTION A - GENERAL BRAIN FUNCTION

FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Healthy Brain Function:*

BRAIN-E[®] DHA (K53), (K55), (K65): 2.45 ml
(approximately 2½ full droppers) once a day, preferably with meals
NEURO₂[®] (K45): 1-3 capsules 2-3 times a day
NEUROFLAM[®] (K46): 1-3 capsules 2-3 times a day
NEURO-PTX[®] (K47): 1-3 capsules 3 times a day

SECTION B - STRESS

FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for a Healthy Stress Response:*

ADAPTOCRINE[®] (K02): 1-3 capsules 3 times a day
ADRENACALM[™] (K16), (K73): apply in the morning, afternoon,
and evening

SECTION C - SUGAR BALANCE

SECTION C1 - HYPOGLYCEMIA

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Nutritional Support for Healthy Blood Sugar Balance:*

PROGLYCO-SP[™] (K13): 1-2 capsules 3 times a day
SUPER EFA COMPLEX[™] (K08): 1-2 tablespoons 1-3 times a day
ADRENASTIM[™] (K15), (K72): apply in the morning and at noon
ADAPTOCRINE[®] (K02): 1-3 capsules 3 times a day

*please also refer to Metabolic Assessment Form (MAF)

SECTION C2 - INSULIN RESISTANCE

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Nutritional Support for Healthy Insulin Receptor Sensitivity:*

GLYSEN[®] (K01): 2-4 capsules 3 times a day with meals
OMEGACO₃[™] (K07): 1-2 tablespoons 1-3 times a day
ADRENACALM[™] (K16), (K73): apply in the morning, afternoon
and evening
ADAPTOCRINE[®] (K02): 1-3 capsules 3 times a day
PROGLYSEN[™] (K28): 1-2 capsules 2-3 times a day with meals
FIBROMIN[™] (K25): 1-3 capsules 2-3 times a day
To support healthy blood sugar balance, add OXICELL[®] (K22), (K70):
apply in the morning, afternoon, and evening

*please also refer to Metabolic Assessment Form (MAF)

SECTION 1 - SEROTONIN

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Nutritional Support for Healthy Serotonin Levels:*

SEROTONE[®] ACTIVE (K38): 1-2 capsules 3 times a day
NEUROTRANS[®] ACTIVE (K42): 1-2 sprays under the tongue
1-3 times a day

SECTION 2 - DOPAMINE

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Nutritional Support for Healthy Dopamine Levels:*

DOPATONE[®] ACTIVE (K41): 1-3 capsules 3 times a day
NEUROTRANS[®] ACTIVE (K42): 1-2 sprays under the tongue
1-3 times a day

SECTION 3 - GABA

FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Healthy GABA Levels:*

GABATONE[®] ACTIVE (K39): 1-2 capsules 3 times a day
NEUROTRANS[®] ACTIVE (K42): 1-2 sprays under the tongue
1-3 times a day

SECTION 4 - ACETYLCHOLINE

FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Healthy Acetylcholine Levels:*

ACETYL-CH[®] ACTIVE (K40): 1-2 capsules 3 times a day
NEUROTRANS[®] ACTIVE (K42): 1-2 sprays under the tongue
1-3 times a day

*This statement has not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or prevent any disease.

For nutritional and health maintenance purposes only.
Apex formulas should not be used as replacements for conventional medical treatment.
Symptom groups listed on this form are not intended to be used for a diagnosis of any disease or condition.