

Thyroid Symptom Checklist – Dr. Murphree

Many scientists, researchers, and physicians believe that up to 40% of the United States population suffers from low thyroid function.

Studies have shown that up to 70% of fibromyalgia and CFS patients have hypothyroid. Recent research showed that T3 (prescription Cytomel) administered at high doses (120mcgs daily) could resolve all symptoms of fibromyalgia.

Do you have any of the symptoms below?

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- fatigue
- chronic sinus infections
- headaches
- sweating abnormalities
- migraines
- heat and/or cold intolerance
- PMS
- low self-esteem
- irritability
- irregular periods
- fluid retention
- severe menstrual cramps
- anxiety
- low blood pressure
- panic attacks
- frequent colds and sore throats
- hair loss
- depression
- lightheadedness
- decreased memory
- ringing in the ears
- decreased concentration
- slow wound healing
- decreased sex drive
- easy bruising
- unhealthy nails
- acid Indigestion
- low motivation
- constipation
- cold hands or feet
- inappropriate weight gain
- dry skin
- dry hair
- infertility
- hypoglycemia
- falling asleep during the day
- increased skin infections/Acne
- changes in skin pigmentation
- itching
- carpal tunnel syndrome
- high cholesterol
- loss of outside portion of eyebrows

If you checked more than five of the above symptoms, you might be suffering from hypothyroid dysfunction

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