

Lyme Disease:

www.canlyme.com

Lyme Disease (commonly misspelled as Lime or Lymes) symptoms may show up fast, with a bang, or very slowly and innocuously. There may be initial flu-like symptoms with fever, headache, nausea, jaw pain, light sensitivity, red eyes, muscle ache and stiff neck. Many write this off as a flu and because the nymph stage of the tick is so tiny many do not recall a tick bite.

[Lyme Disease, SYMPTOMS & CHARACTERISTICS, a compilation of peer-reviewed literature reports](#)

The [classic rash](#) may only occur or have been seen in as few as 30% of cases (many rashes in body hair and indiscreet areas go undetected). **Treatment in this early stage is critical.**

If left untreated *or treated insufficiently* symptoms may creep into one's life over weeks, months or even years. They wax and wane and may even go into remission only to come out at a later date...even years later.

With symptoms present, a negative lab result means very little as they are very unreliable. **The diagnosis, with today's limitations in the lab, must be clinical.**

Many Lyme patients were firstly diagnosed with other illnesses such as Juvenile Arthritis, Rheumatoid Arthritis, Reactive Arthritis, Infectious Arthritis, Osteoarthritis, [Fibromyalgia](#), Raynaud's Syndrome, [Chronic Fatigue Syndrome](#), Interstitial Cystitis, Gastroesophageal Reflux Disease, Fifth Disease, Multiple Sclerosis, Scleroderma, Lupus, early ALS, early Alzheimers Disease, [Crohn's disease](#), Ménière's syndrome, Reynaud's syndrome, Sjogren's syndrome, Irritable Bowel Syndrome, Colitis, Prostatitis, Psychiatric Disorders (Bipolar, Depression, etc.), Encephalitis, Sleep Disorders, Thyroid Disease and various other illnesses. See [Other Diseases and Lyme...Relationship](#)

If you have received one of these diagnoses please scroll down and see if you recognize a broader range of symptoms.

If you are a doctor please re-examine these diagnoses, incorporating Lyme in the differential diagnoses.

The one common thread with Lyme Disease is the number of systems affected (brain, central nervous system, autonomic nervous system, cardiovascular, digestive, respiratory, musculoskeletal, etc.) and sometimes the hourly/daily/weekly/monthly changing of symptoms.

The intent of this document is to support Nu|Vision users. It is not intended to diagnose, treat, cure or prevent any medical, psychological or nutritional condition, disease or disorder.

No one will have all symptoms but if many are present serious consideration must be given by any physician to Lyme as the possible culprit. Lyme is endemic in Canada period. The infection rate with Lyme in the tick population is exploding in North America and as the earth's temperature warms this trend is expected to continue.

Symptoms may come and go in varying degrees with fluctuation from one symptom to another. There may be a period of what feels like remission only to be followed by another onset of symptoms.

PRINT AND CIRCLE ALL YES ANSWERS (20 yes represents a serious potential and Lyme should be included in diagnostic workup)

The Tick Bite (fewer than 50% recall a tick bite or get/see the rash)

1. [Rash](#) at site of bite
2. [Rashes](#) on other parts of your body
3. [Rash](#) basically circular and spreading out (or generalized)
4. [Raised rash](#), disappearing and recurring

Head, Face, Neck

5. Unexplained hair loss
6. Headache, mild or severe, Seizures
7. Pressure in Head, White Matter Lesions in Head (MRI)
8. Twitching of facial or other muscles
9. Facial paralysis ([Bell's Palsy](#))
10. Tingling of nose, (tip of) tongue, cheek or [facial flushing](#)
11. Stiff or painful neck
12. Jaw pain or stiffness
13. Dental problems (unexplained)
14. Sore throat, clearing throat a lot, phlegm (flem), hoarseness, runny nose

Eyes/Vision

15. Double or blurry vision
16. Increased floating spots
17. Pain in eyes, or swelling around eyes
18. Oversensitivity to light
19. Flashing lights/Peripheral waves/phantom images in corner of eyes

Ears /Hearing

20. Decreased hearing in one or both ears, plugged ears
21. Buzzing in ears
22. Pain in ears, oversensitivity to sounds
23. Ringing in one or both ears

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Digestive and Excretory Systems

- 24. Diarrhea
- 25. Constipation
- 26. Irritable bladder (trouble starting, stopping) or Interstitial cystitis
- 27. Upset stomach (nausea or pain) or GERD (gastroesophageal reflux disease)

Musculoskeletal System

- 28. Bone pain, joint pain or swelling, carpal tunnel syndrome
- 29. Stiffness of joints, back, neck, tennis elbow
- 30. Muscle pain or cramps, [Fibromyalgia](#)

Respiratory and Circulatory Systems

- 31. Shortness of breath, can't get full/satisfying breath, cough
- 32. Chest pain or rib soreness
- 33. Night sweats or unexplained chills
- 34. Heart palpitations or extra beats
- 35. [Endocarditis](#), Heart blockage

Neurologic System

- 36. Tremors or unexplained shaking
- 37. Burning or stabbing sensations in the body
- 38. Fatigue, [Chronic Fatigue Syndrome](#), Weakness, peripheral neuropathy or partial paralysis
- 39. Pressure in the head
- 40. Numbness in body, tingling, pinpricks
- 41. Poor balance, dizziness, difficulty walking
- 42. Increased motion sickness
- 43. Lightheadedness, wooziness

Psychological well-being

- 44. Mood swings, irritability, bi-polar disorder
- 45. Unusual depression
- 46. Disorientation (getting or feeling lost)
- 47. Feeling as if you are losing your mind
- 48. Over-emotional reactions, crying easily
- 49. Too much sleep, or insomnia
- 50. Difficulty falling or staying asleep
- 51. Narcolepsy, sleep apnea
- 52. Panic attacks, anxiety

Mental Capability

- 53. Memory loss (short or long term)
- 54. Confusion, difficulty in thinking
- 55. Difficulty with concentration or reading

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- 56. Going to the wrong place
- 57. Speech difficulty (slurred or slow)
- 58. Stammering speech
- 59. Forgetting how to perform simple tasks

Reproduction and Sexuality

- 60. Loss of sex drive
- 61. Sexual dysfunction
- 62. Unexplained menstrual pain, irregularity
- 63. Unexplained breast pain, discharge
- 64. Testicular or pelvic pain

General Well-being

- 65. Unexplained weight gain, loss
- 66. Extreme fatigue
- 67. Swollen glands/lymph nodes
- 68. Unexplained fevers (high or low grade)
- 69. Continual infections (sinus, kidney, eye, etc.)
- 70. Symptoms seem to change, come and go
- 71. Pain migrates (moves) to different body parts
- 72. Early on, experienced a "flu-like" illness, after which you have not since felt well.
- 73. Low body temperature
- 74. Allergies/Chemical sensitivities
- 75. Increased effect from alcohol and possible worse hangover

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