

Alzheimer's & Dementia

Underlying Causes and Tips

1. MSG/Aspartame sensitivity or other neurotoxins (creosote, strychnine, arsenic) – Reference, Excitotoxins, The Taste that Kills by Blaylock
Tip – must avoid these products completely as they cause brain cells to die
2. Disrupted blood brain barrier – whiplash, stroke, sunstroke, any neck damage
Tip – completely avoid MSG and aspartame, amino acids
3. Essential fatty acid deficiency – Reference, the Heart Healthy Diet
Tip – essential fatty acid supplementation, especially omega 3's and taken with a digestive enzyme that has bile and HCL (hydrochloric acid), liquid is best
4. Amino acid deficiency – because of blood type or protein digestion
Tip – amino acids, all 22 essential aminos, liquid or powder is best or take with a digestive enzyme, GABA sprays
5. Emotional – “what someone doesn't want to remember”, blocking a memory that is too painful or difficult
Tip – difficult with these patients as they may not remember, use NV to identify the past issues and talk to family members
6. Brain injury – car crash, etc
Tip – most difficult to solve, especially if injury was a long time ago; homeopathy might be a good solution for old trauma
7. Circulation, peripheral circulation, vascular – poor blood flow to the brain, gradual memory loss, poor concentration, vision and hearing likely too; poor altitude adjustment is a good indication
Tip – Hanna's Circuflow with aloe protocol, Hanna's ginkgo biloba, Apex Nitric Balance or other Nitric oxide enhancing products
8. Quick advancement – institutional foods served in nursing homes and assisted living facilities, diet high in packaged foods (like after the wife has passed away)
Tip – impossible to fix if they stay in a nursing home environment; meals should be home made from scratch, simple foods are best, no packaged foods
9. Adult vaccines – such as shingles, flu and vaccines for travel, like Yellow fever – can cause same brain problems as in children – withdrawal, poor concentration and memory, hyperactive nervous system (poor sleep), etc.
Tip – homeopathics or Hanna's vibropathics for vaccine residue
10. Heavy metal toxicity (mercury, lead, graphites, aluminum, arsenic) – dental procedures or vaccines
Tip – oral chelations, DMSO or DMSA or homeopathics

The intent of this document is to support Nu|Vision users. It is not intended to diagnose, treat, cure or prevent any medical, psychological or nutritional condition, disease or disorder.