

Why People Don't Heal

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1. Biology
2. Biography
3. Woundology
4. Intimacy
5. Power

Biography becomes biology, they become the same thing

We create our own reality

We create our own disease, so we CAN uncreate our own disease (create our health)

To activate perception – power of soul

Healing is unattractive because we have become addicted to the power of the wound, and there is no desire to lose power.

Steps Required to Heal

1. Identify injuries, wounds, pain
2. Important to have a witness for support
3. Observe how much of you is using wounds for power, any excuses? Any victim dialogue?
4. What my world would look like if I'm healthy? What does it look like to bond out of strength/love? (Relationships connected with wounds are desire for power, manipulation.)

Perception can change result, experience.

Prayer is important in strengthening perception. Discipline spirit for real healing.

Having to do with aging:

Where am I?

Where have I left myself?

Be aware and go back and get yourself.

If you don't take your life personally, you would be healthy.

People don't heal because we put new perception in mind/head, but don't activate or do anything with it. Our mind and actions must be congruent.

Do not carry your wound for power/control.

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Many patients seek only to know their disease and really do not want to get better. These questions help understand obstacles to healing (Disease = pain = sickness = health problems = obesity, etc.):

Questions for Client -

In what way do you interfere with your cure?

Are you impatient, do you want to get better faster than your body does or can?

(Natural healing takes longer than cutting something out!)

Is there any financial gain to the disease – disability or workers comp?

Are you lazy, have you done all you can to get better, or would you rather get paid to stay home?

Have you ever been rewarded for being sick in the past, like with lots of attention?

(You may be stuck and cannot break the pattern of sickness due to imprinting.)

Has there been an emotional trauma? Emotional trauma can prevent cure.

Has there ever been a major surgery? 4 out of 5 surgeries result in long term damage.

Has the disease become part of your view of self? Explain

Do you identify with it?

Do you believe it possible to totally cure this disease? (Biggest step in healing, you must believe before you can receive!)

Are you or have you ever taken steroids? Steroids can prevent cure.

Can you see clearly life without the disease? Describe it. (Homework assignment)

Does the disease prevent you from working? Do you hate your job or career?

Does the disease limit you from living? Do you hate your life? (Refer to opening your intuitive channels for guidance.)

Does your disease prevent you from being socially active? Do you fear social rejection?

Have you done ALL you can to get better? Can you control your impulses and addictions? (Ex: modify your foods, take time to pamper yourself and exercise, give up coffee and cigarettes, etc.)

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Do you really want your body to heal itself, or do you wish to just know your disease?

Do you over intellectualize your condition? (Your body can better heal yourself if your verbal mind does not interfere.)

Do you fear or fight change? Describe what changes you fear or fight. (More homework)

Can you accept life without this disease and see the beauty of life (yes, even your life)? Acceptance can provoke cure.

Have you learned the lesson this disease has provided for you? Journal your experience and what you have learned, then give it up to God and show appreciation for the experience and what it has taught you (compassion, humility, understanding, patience, etc.), and express that you got the lesson and no longer need the ailment.

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